

FOR IMMEDIATE RELEASE

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**Vaya Health Partners with Thompson Child & Family Focus to
Announce Expansion of Enhanced Residential Treatment Center**
Center to Begin Serving Female Youth in September

ASHEVILLE, NC - In partnership with Child & Family Focus, Vaya Health announces that the Enhanced Residential Treatment Center in Matthews, NC will begin serving female adolescents this month.

Until September, the treatment center focused its services on males, ages 11-17, in need of residential care and support—often due to childhood trauma. This unique Psychiatric Residential Treatment Facility (PRTF) serves individuals across Vaya’s region, focusing on assessment and stabilization—with the goal of transitioning members back into their communities with the support they need.

This facility provides members with person-centered, trauma-informed care, typically over the course of 45 to 60 days. Currently, the 12-bed facility, located on Thompson’s Matthews campus, prioritizes family functioning and aftercare to prevent repeat stays for those with behavioral health challenges.

“We are thrilled that the Enhanced Residential Treatment Center is able to offer its services and treatment to a wider population across Vaya’s region,” said Ashley Parks, Child and Family Treatment Continuum Director at Vaya Health. “Since its opening in 2022, this center has impacted young lives across the community — ensuring these members have the support and resources they need to return back to their home environments.”

During the program, members will receive:

- 24/7 nursing support and staff
- Psychiatric Care
- Individualized Treatment
- One-on-one and small-group educational instruction
- Individual, group and family therapy, as well as access to recreational therapy, animal-assisted therapy and therapeutic gardening.

Throughout the course of the program, members begin Family Centered Treatment services and High-Fidelity Wraparound to help ensure positive outcomes as members transition back home.

Thompson President and CEO Will Jones echoed the sentiment, stating, “We’re equipping youth and families with the skills, strategies, and support to transform their lives through improved mindsets and healthy relationships.”

To learn more about Enhanced Residential Treatment Center, and other services offered to children and families, visit:

[Child Youth Services Resource Guide | Vaya Health](#)

<https://www.thompsoncff.org/enhanced-residential-treatment-center/>

About Vaya Health

Vaya Health is a specialty managed care organization that oversees publicly funded behavioral health and intellectual/developmental disability services across a 31-county region of North Carolina. Vaya manages Medicaid, federal, state and local funding to meet member and community needs while advancing whole-person health. Together with our members, provider network and local partners, we’re moving forward to a healthier North Carolina. Access to crisis assistance is available 24/7 at 1-800-849-6127. Learn more at vayahealth.com.

About Thompson Child & Family Focus

Headquartered in Matthews, North Carolina (Mecklenburg County), Thompson Child & Family Focus transforms lives through early childhood, family stability, and mental health services. As a solutions-driven organization committed to rewriting narratives for the most vulnerable in our community; Thompson achieves this by providing comprehensive, evidence-based services, and trauma-informed care, for children (ages 0-18) and their families, virtually and in-person. Thompson is led by President/CEO Will Jones and employs over 400 staff in NC, SC, and FL. Learn more at www.thompsoncff.org, or email info@thompsoncff.org.

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