

REGION 3

AGENDA

January 17, 2024

4:00 p.m. – 6:00 p.m.

The Vaya Health Regional Board for Region 3, representing Alexander, Alleghany, Ashe, Avery, Caldwell, McDowell, Rowan, Watauga, and Wilkes counties, will conduct a regular meeting at 4:00 p.m. on January 17, 2024 at the Vaya Health office located at 825 Wilkesboro Blvd. NE, Lenoir, NC 28645. PUBLIC ACCESS will be available via electronic communication only (real-time two-way audio and/or visual communication, i.e., telephone and Microsoft Teams).

Dial In: 828-552-4129

Passcode: 643 979 584#

Microsoft Teams: [Click here to join the meeting](#)

A. Welcome and Call to Order

Ashley Wooten, Vice Chair (5 Minutes)

1. Introductions of Regional Board Members

B. Approval of Agenda and November 1, 2023 Meeting Minutes

Ashley Wooten, Vice Chair (5 Minutes)

C. Report of the Chief Executive Officer

Tracy Hayes, Area Director & Chief Executive Officer (20 Minutes)

D. Governing Board Report

Ashley Wooten, Vice Chair (15 Minutes)

1. Appointment of Regional Board Chair and Vice Chair – **ACTION REQUIRED**

E. Healthy Opportunities Pilot (HOP)

Sarah Frej, HOP Director (20 Minutes)

F. Community Relations Report

Brian Shuping, Vice President of Community Relations (15 Minutes)

1. Region 3 Community Relations Update
2. FY23-24 Q4 Performance Metrics

G. Consumer and Family Advisory Committee Report

Susan Monroe, CFAC Representative (15 minutes)

H. Other Business

I. Adjournment