## **Board of Directors**



# October 26, 2023 1:30 – 3:00 p.m.

The Executive Committee of the Board of Directors of Vaya Health conducted its regular meeting on October 26, 2023 at the Vaya Health Administrative Offices, located at 200 Ridgefield Court, Suite 218, Asheville, NC 28806; with PUBLIC ACCESS via electronic communication only (real-time two-way audio and/or visual communication, i.e., telephone and Microsoft Teams).

Committee Members:	Attending:	Apologies:
Nancy Baker	X	
Dan Brummitt	X	
Ronnie Beale	X	
Tim Fitzsimons	X	
Mike Norris	X	
Billy Kennedy	X	

#### Also attending the Executive Committee meeting:

Tracy Hayes, Area Director & Chief Executive Officer; Brian Ingraham, President; Rhonda Cox, Executive Vice President (EVP) & Chief Operating Officer; Larry Hill, EVP & Chief Financial Officer; Steve Martin, General Counsel & Chief Compliance Officer; Danielle Wittekind, Chief Human Resources Officer (Eff. 10/30/23); J.K. Coward, Board Attorney; Chris Hyland, Berkana Consulting Group; Christina Rose Carter, Executive Director & Secretary to the Board; Zane Ullman, Support Specialist; Ashley Logan, Board Support & Administrative Professional; Shelley King, Regional Board Clerk; and no members of the public.

#### A. Welcome and Call to Order

Mr. Ronnie Beale, Chair, called the meeting to order at 1:31 p.m. At the request of Mr. Beale, Ms. Christina Rose Carter, Executive Director & Secretary to the Board, conducted roll call.

## B. Approval of Agenda & August 24, 2023 Meeting Minutes

Mr. Billy Kennedy made a motion to approve the Agenda and Meeting Minutes, as presented. Mr. Mike Norris seconded the motion.

Motion unanimously approved.

## C. Report of the Chair

Mr. Ronnie Beale, Chair, called upon Ms. Tracy Hayes, Area Director & Chief Executive Officer, to introduce Ms. Danielle Wittekind, who will be serving as Vaya Health's first Chief Human Resources Officer beginning October 30, 2023. Ms. Wittekind provided the Board with a summary of her professional experience. Ms. Christina Carter encouraged all Executive Committee members interested

in attending the 2023 Winter i2i Conference in Winston Salem on December 7-8, 2023, to communicate with Board support staff. Mr. Beale announced that Dr. Tim Fitzsimons' will be stepping down from the Board upon the expiration of his term on December 31, 2023. Dr. Fitzsimons expressed appreciation to the Executive Committee, stating he greatly enjoyed the work he was able to accomplish during his Board appointment. Mr. Beale thanked Dr. Fitzsimons for his service.

#### D. Report of the Area Director & Chief Executive Officer

The Report of the Area Director & Chief Executive Officer occurred in closed session to prevent the disclosure of competitive health care information that is privileged or confidential pursuant to N.C. Gen. Stat. §122C-126.1, or not considered a public record within the meaning of Chapter 132 of the General Statutes; or to consult with attorneys pursuant to N.C. Gen. Stat. §143-318.11(a)(3).

#### E. Report of the President

The Report of the President occurred in closed session to prevent the disclosure of competitive health care information that is privileged or confidential pursuant to N.C. Gen. Stat. §122C-126.1, or not considered a public record within the meaning of Chapter 132 of the General Statutes; or to consult with attorneys pursuant to N.C. Gen. Stat. §143-318.11(a)(3).

F. Closed Session pursuant to N.C. Gen. Stat. §143-318.11(a)(1) in order to prevent the disclosure of competitive health care information that is privileged or confidential pursuant to N.C. Gen. Stat. §122C-126.1, or not considered a public record within the meaning of Chapter 132 of the General Statutes; or to consult with attorneys pursuant to N.C. Gen. Stat. §143-318.11(a)(3); or to consider the qualifications, competence, performance, character, fitness, or conditions of appointment, of an individual public officer or employee pursuant to N.C. Gen. Stat. §143-318.11(a)(6).

Mr. Mike Norris made a motion for the Executive Committee to enter closed session. Mr. Dan Brummitt seconded the motion.

Motion unanimously approved.

The Executive Committee entered closed session at 1:47 p.m.

Mr. Dan Brummitt made a motion for the Executive Committee to resume open session. Mr. Mike Norris seconded the motion.

Motion unanimously approved.

The Executive Committee resumed open session at 2:58 p.m.

#### Mr. Ira Dove joined the meeting.

#### **G.** Other Business

Mr. Dan Brummitt informed the committee that the Substance Abuse and Mental Health Services Administration's (SAMHSA's) revised April 2023 Methadone Take-Home Flexibilities Extension Guidance offers an exemption from the unsupervised take-home medication requirements of 42 C.F.R. § 8.12(i),

and expressed concerns regarding the exemption. Ms. Hayes suggested gaining input from Dr. Richard Zenn, Chief Medical Officer, and discussing with the full Board.

Ms. Hayes shared with the Executive Committee that Ms. Christina Carter, Executive Director & Secretary to the Board, would assume the role of Vaya Health's Executive Chief of Staff & Secretary to the Board. The committee congratulated Ms. Carter on her promotion.

Ms. Carter addressed the committee regarding the December 8, 2023 Board Meeting. Due to cost savings and scheduling logistics, Ms. Carter recommended the meeting schedule be adjusted to occur the following week on December 14, 2023, and be hosted from Vaya's Administrative Offices in Asheville, NC. Mr. Ronnie Beale acknowledged the suggestion and advised the Executive Committee to bring the recommendation before the Board.

#### H. Adjournment

Ms. Nancy Baker made a motion to adjourn. Mr. Mike Norris seconded the motion. Motion unanimously <u>approved.</u>

The Executive Committee adjourned at 3:06 p.m.

Christina Rose Carter,

Executive Director & Secretary to the Board